



DOVER ACQUISITION EXPANDING OUR MISSION & OPENING UP MORE BUSINESS OPPORTUNITIES

TVS is happy to announce our new acquisition! Over the past few months, we have been working hard behind the scenes - to seal the deal! On Oct 1, TVS signed the final paperwork in ownership of Dover Foods in Mills River. This expansion is exciting because it is a new way to expand our mission of employing adults with disabilities.

“TVS has an opportunity to grow our mission in a new community,” said TVS CEO Jamie Brandenburg. “This ultimately will provide more opportunities and stability for employees and the overall organization.”

The synergy between TVS and Dover have allowed this relationship to flourish and expand in ways that would not have been achieved independently. We are actively seeking new business opportunities, which can now include food products that now include Gluten Free options and ready made baking kits.

“It was our mission that resonated with the owners,” Brandenburg said. “They care for their employees and they wanted to make sure that a person-centered company stepped in, it was in virtue of our mission that they knew we would take care of the employees.”

We are excited to share this growth with you!



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HAPPY BIRTHDAY MONTH JAMIE BRANDENBURG!

Special thanks to Cathy Miller for baking and decorating a pretty pink cat cake for Jamie and Dan to share! The cake was also shared with INTERACT participants. Happy Birthday Jamie!

MAYO GIFT - GIVER WINNER!

All Jamie wanted for his birthday was mayonnaise! Thank you to everyone that gifted him a packet or jar! [Congrats to our Mayo winner: Marlon Cohn](#)



SELF-CARE CORNER

Heading into the holiday season!

Turkeys, airplanes, cars, silver bells, and presents wrapped with care and nestled under the tree, these could just be a few of your favorite things that herald in the blessed tidings of the approaching holiday season. **Just thinking about all the holiday to-dos may make your heart race.** It's important during the holiday season that we take a pulse on how we are feeling and how we are caring for overall well-being.



Here are just a few ways to focus on your well-being this holiday season:

1. Give yourself permission to take a break. Its ok to step away from the busy schedule
2. Set good boundaries with your loved ones - it is ok to say, "no"
3. Share how you are feeling
4. Practice box breathing
5. Practice things that you enjoy doing that bring you to a place of calm
6. Consider creating a holiday self-care plan

If you or someone you know is experiencing emotional distress during the holiday season, contact the Suicide and Crisis Lifeline, available 24/7/365 by dialing **9-8-8** or consider seeking advice from a qualified mental health professional.

For more information please contact: **Kyle Ridgley, TVS Employee Support Specialist** kylerr@tvsinc.org 828-884-2052



PRE-ETS TEACHES INTERACT PARTICIPANTS OVER SUMMER BREAK

While school was out for the summer, Pre-ETS teachers visited INTERACT once a week to teach participants about self-awareness, self-esteem, respectful friendships, relationship building & boundaries, and some emotions/feelings charades and scenario cards. This was a fun way to utilize a new curriculum in the Pre-ETS program and to bring something new and different to INTERACT. "I loved when the participants volunteered to help with hands-on activities and were excited for the new activities we brought," said Pre-ETS Transition Specialist Montana White. The class lasted from June, and ended the first week of September when local high schools started classes.

ASSISTING INTERNATIONAL FAMINE RELIEF MASS PRODUCTION OF SUPERCEREAL PLUS

For the new fiscal year, TVS will be ramping up production of SuperCereal Plus to be shipped to the Horn of Africa to assist more than 18 million people who are in need of urgent humanitarian assistance. Ethiopia, Kenya, and Somalia - part of a region known as the Horn of Africa - are facing an even larger sense of urgency with the historic droughts, hunger crisis exacerbated by Russia's invasion of Ukraine, and the cost of food, fuel, and fertilizer. This is the fourth consecutive drought season with a fifth anticipated later this year.



SuperCereal Plus is a nutritional support to prevent and treat an estimated 7 million children who are suffering from severe malnutrition. This is the largest order of SuperCereal Plus that TVS has ever received for international famine relief.



TVS SCORES HIGH IN SQF AUDIT!

In the recent Safe, Quality Food (SQF) audit, TVS received an excellent score of 98! The score is an improvement from last year and is reflective of our organized procedures, food safety, condition of the building, and more! [Great job to all!](#)

OUR PROGRAMS KEEP MOVIN'-&-GROOVIN'

It is hard to keep up with programs! They had a festive summer!

- **Tanjer House** residents vacationed to Myrtle Beach and has been hosting family and friends for Supper Club at their home.
- **Life Skills** participants have been summer swimming at the Racquet Club & enjoying the Blue Ridge Classic Horse Show at the Agriculture Center.
- **INTERACT** participants have been taking exercise classes at Silvermont! This is a new way to engage with the community and have some fun!



WELLNESS COMMITTEE HIGHLIGHTS

The Wellness Committee has been busy! In July, the Book Mobile started making regular visits in honor of Book Month. August highlighted Financial Awareness and September was Preparedness Month. Congrats to the winners of the "Build a Disaster Kit":

A/1st: Brian Gravely **C:** Forrest Hensley
B/2nd/3rd: Bryan Goostree **Life Skills:** Sam



We also want to celebrate the 227 gallons of water consumed during the Water Challenge in July!



Water Challenge Weekly Winners:

Week 1: Marlon Cohn **Week 3:** Alicia O'Shields
Week 2: Joe Lafon **Week 4:** AJ Spears

Water Challenge Grand Prize Winner:

Splash Country Tickets: Tracie Fisher

Looking ahead for the rest of the 2022 year, the Wellness Committee is planning on highlighting Breast Cancer Awareness in **October**, Diabetes Awareness in **November**, and Depression Education in **December**. Keep your eyes open for resources, information, and fun games & contests!

'TOOLS FOR SCHOOL' DONATION EVENT

TVS employees generously donated over 1600 school supply items to the local Sharing House. The Back to School program provides free school supplies for all low-income students (K-12) living in Transylvania County. "We easily doubled the amount of donations we received the previous year. TVS employees show a lot of support for our donation drives, my favorite thing about each of our donation drives is seeing the employees so willing to give back to our community!" said Catherine Whitley, HR Generalist. As employees donate, they received raffle tickets to enter for prizes. Looking ahead, TVS plans on hosting the 3rd annual "Give Back, Get Back" donation event. The upcoming drives will offer raffle tickets for donations that employees will be able to use for a chance to win a prize before the holiday season!

Congratulations to the school drive raffle winners and thank you for your donations to local students!

Georgia Aquarium: Jeni Welch
Launch Trampoline Park: Lauren Bell
Breakout Asheville: Angie Rigsby
Timber Axe: Catherine Tinsley
Lakeview Putt Putt: Kayde Hopkins

CONTEST WINNERS! GERMOUNT FACEBOOK

Thank you to everyone who followed and shared Germount Facebook posts! Keep it up!



1st - Marlon Cohn
2nd - Tracie Fisher
3rd - Christina Miller

ICECREAM CONE SEARCH

We all scream for icecream! Congrats to:

A/1st - Lisa Ramos **C** - Gabe Hoffman
B - Ethan Deptuch **INTERACT** - Josh



COLLEGE COLORS

Football season is here! Thank you to all that wore your favorite team colors!

A - Brandon Crawford
A - Sam King
B - Jacob Norman
Life Skills - Wallace
Best Door Decoration -
Jamie Brandenburg



ATTENTION! EMAIL READERS

In an effort to better communicate, email contests happen randomly! Remember to read your emails and see if there is a hidden contest! **Congrats to these previous winners:**

- Angie Benton
- Lynne Poe
- Christina Miller



BREVARD COLLEGE INTERNS WELCOMED IN TVS PROGRAMS

In August, TVS excitedly welcomed two senior psychology majors from Brevard College. The goal is to help these individuals learn more about the people we serve and how to work with adults with disabilities in a hands-on environment. "We put together a work schedule to accommodate their school schedules with the hope of also providing something that was meaningful to them," said Program Supervisor Carla Hill. The interns are spending the semester rotating through all five programs including; INTERACT, Life Skills, Pre-ETS, Residential Living, and with TVS Employment Specialists.

NEW TVS ADVOCACY TEAM- T.V.S.A.T. ENGAGE, EDUCATE, EMPOWER, & ENRICH

Formed around the simple mission of engaging, educating, empowering and enriching disability rights and advocacy. Our focus is to promote disability rights, employment and inclusion. We will achieve objectives by empowering self-advocacy, creating an organizational culture of inclusiveness, educating our community and advocating for legislative systems change. The TVSAT (TVS Advocacy Team) will meet once per month and we are looking for interested members. Our goal is to collaborate, support, educate and support our employees, participants, caregivers and our community to support disability rights and advocacy. Stay tuned for more! If you are interested in joining please see Leca Chapman or contact her at: lecac@tvsinc.org / #828-884-1827

'TIS THE SEASON FOR A GIVING TREE

This holiday season, TVS is hosting a Giving Tree to benefit TVS employee families. If you are a current TVS employee with guardianship of a child 18 or under, you are eligible to sign up! Fill out a short application with needs and wants of your child. For confidentiality, a number will be assigned to your application and placed on a Christmas Tree ornament. From there, a sponsor will pick a number off the tree and will be given the wish list that matches. No information other than the wish list, child gender, and age will be given out! For more information see HR!

Employees can pick an ornament starting November 1!

CELEBRATING SUPERHEROES FOR DSP WEEK!

Direct Support Professionals week gave us an opportunity to highlight the dedicated hard work from all TVS DSPs. This year, TVS themed the celebration around Superheroes, because that is what they are! All DSPs received a mask to hide their identities, a new DSP shirt, and gathered together for a pizza party. The pizza party included a video of participants and coworkers sharing their appreciation, and had fun superhero themed games.

Thank you for being TVS Superheroes!



CELEBRATING THE YEARS!



10 YEARS:

- Cory Thomas

5 YEARS:

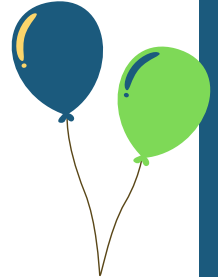
- Josh Pederson
- John Safi

3 YEARS:

- Gabe Hoffman
- Jeni Welch
- Kelly Kyne
- Jessica Casey

1 YEAR:

- Scott Summers
- Forrest Hensley
- Ashley Marcum
- Mark Shipley
- Marlon Cohn
- Kyle White
- Russell Olderman
- Ian Mathis



MEET THE NEW HIRES!



- Erica Kilpatrick
- Brenda Lemaster
- Elijah Galloway
- Jay Phaler
- Nancy Stewart
- Janet Klepps
- Felicia Pressley

DO YOU WANT TO QUIT SMOKING?



The Wellness Committee has received smoking cessation kits from the Transylvania County Health Department from the Mountain Wise/NC Quit Line.

If anyone is interested in quitting, please contact TVS Employee Support Specialist, Kyle Ridgley at: kylerr@tvsinc.org / 828-884-2052

